

**OHIO AAU Track & Field**  
**Bond Hill/Black-Jack Invitational**  
**6 – 18 years**  
**June 19, 2010**  
**Cincinnati, Ohio**



**DATE:** Saturday, June 19, 2010

**LOCATION:** Taft High School  
Cincinnati, Ohio 45207

**HOST:** Bond Hill Track Club & Black-Jack Track  
[coachj.bhf@fuse.net](mailto:coachj.bhf@fuse.net) [blackwelldm@hotmail.com](mailto:blackwelldm@hotmail.com)

**Entry Deadline:** Register at [www.coacho.com](http://www.coacho.com) by June 16<sup>th</sup>

**Entry Fee:** \$13.00 per athlete

**Time:** 8:30a.m. - 5:00 p.m. The track will open at 8:30 a.m. for warm ups and check in.

**Gate Entry Fee:** **10 and under FREE, All other spectators \$5.00**

**For More Info:** DeCarlo M. Blackwell                      Greg Johnson  
(614) 805-9713    (513) 313-3064

\*Competitors should bring their own implements to be used at the Meet.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.

## ORDER OF EVENTS

### All field events      9:00 a.m.      **3 Jumps/Throws**

**Boys LJ** - Seniors-Youth: Midgets, Bantam, Primary

Girls LJ – Seniors-Youth: Midgets, Bantam, Primary

**Boys/Girls HJ** – All jumpers report

Boys Discus – All age groups report

**Girls Shot** – Primary-Bantam, Midget, Youth Seniors

Girls Discus – All age groups report

**Boys Shot** – Primary, Bantam, Midget, Youth, Seniors

Triple Jump -All-Youth, Intermediate, Young Men, Young Women

*\*Competitors should bring their own implements to be used at Meet.*

### Running Events      9:45a.m.

3000m

80/100/110 hurdles

100m (8 fastest to finals)

1500m

100m Finals

4x100m

400

4x100 Coaches/Parents

50m Fun Run (1-5yrs)

800m.

200m.

Sprint Medley 400, 200, 200, 400

#### **Primary ages 8 & Under (born 2002-05)**

100m, 200m, 400m, 800m, 4x100, long jump and shot put

#### **Bantam ages 9-10 (2000-2001)**

100m – 1500m, long jump, high jump, shot put, 4x100m, 4x400m

#### **Midget ages 11-12 (1998-1999)**

100m – 3000m, 80m. hurdles, 4x100, 4x400, long jump, high jump shot, discus

#### **Youth ages 13-14 (1996-1997)**

100m – 3000m, 100m. hurdles, 4x100, 4x400, long jump, high jump shot, discus, triple jump

#### **Intermediate ages 15-16 (1994-1995)**

100m – 3000m, 100/110 hurdles, 4x100, 4x400, long jump, high jump shot, discus, triple jump

#### **Young Men/Young Women (1991-1993)**

100m – 3000m, 100/110 hurdles, 4x100, 4x400, long jump, high jump shot, discus, triple jump

All events are timed finals except the 100 meter. Age groups may be combined for the 800 – 3000 meter run

- All athletes are to report by the second call. If the athlete has not reported to the clerking area by the start of the first heat, the athlete will not be permitted to participate in that race.
- **ALL COACHES AND SPECTATORS ARE PROHIBITED FROM THE INFIELD AND THE TRACK ONCE THE TRACK EVENTS BEGIN. IF A TRACK COACH OR SPECTATOR REFUSES TO REMOVE HIM/HERSELF FROM UNAUTHORIZED AREAS IT WILL RESULT IN THE DISQUALIFICATION OF YOUR ATHLETE(S) IN THE PARTICULAR EVENT.**
- Good sportsmanship is expected of all coaches and athletes during the event.
- Relay team members must be members of the team they represent and must wear uniforms of the same color.
- Throwing the baton following the finish of any relay will cause the relay team to be automatically disqualified from the event.

**Awards: Medals will be given for 1<sup>st</sup> – 3<sup>rd</sup> place. Ribbons for 4<sup>th</sup> – 6<sup>th</sup>**



**OHIO AAU TRACK & FIELD  
Bond Hill/Black-Jack Invitational  
Athlete Waiver Form**

**\*\* Waiver of Liability \*\***

**PLEASE PRINT**

\_\_\_\_\_  
**First Name**

\_\_\_\_\_  
**Last Name**

\_\_\_\_\_  
**Address**

\_\_\_\_\_  
**City**

\_\_\_\_\_  
**State**

\_\_\_\_\_  
**Phone**

**Date of Birth**    \_\_\_\_/\_\_\_\_/\_\_\_\_  
                          month    day    year

**Circle:**    **Male**    **Female**

**Age Group:**    **7-8**    **9-10**    **11-12**    **13-14**    **15-18**

**Athlete's Participation Release:**

I do, hereby, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims for damage which may have or may hereafter accrue to me against AAU T & F, Ohio Association of AAU T & F, Black-Jack Track, City of Cincinnati, Cincinnati City Schools, or their respective officers, agents, representatives, successors and/or assigns for any and all damages which may be sustained by me in connections with my association with or entry in the OHIO AAU Bond Hill/Black-Jack Invitational, or which may arise out of traveling to or participating in, and returning from said meet.

Athlete's Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Track Club \_\_\_\_\_

