

OHIO AAU T & F
AAU District Championships
6 – 18 years
June 12, 2010
Columbus, Ohio



DATE: Saturday, June 12, 2010

LOCATION: Africentric High School
300 E. Livingston Avenue
Columbus, Ohio 43215

HOST: DeCarlo M. Blackwell
(614) 805-9714
blackwelldm@hotmail.com

Black-Jack Track
www.black-jacktrack.com

Entry Deadline: Register at www.coacho.com by June 9th

Entry Fee: \$15.00 per athlete (must be paid by credit card/online only)

Time: 8:30 am - 6:00 pm, the track will open at 8:30 a.m. for warm ups and check in.

Gate Entry Fee: **10 and under FREE, All other spectators \$5.00**

*Competitors should bring their own implements to be used at the Meet.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.

ORDER OF EVENTS

ALL EVENTS INCLUDING THE 100m. WILL BE CONTESTED AS A FINAL. FIELD EVENTS WILL HAVE FOUR ATTEMPTS EXCEPT THE HIGH JUMP.

All field events 9:00 a.m. **3 Jumps/Throws**

Boys LJ – Young Men, Intermediate, Youth, Sub-Youth, Midget, Sub-Midget, Bantam, Sub-Bantam, Primary

Girls LJ – Young Men, Intermediate, Youth, Sub-Youth, Midget, Sub-Midget, Bantam, Sub-Bantam, Primary

Boys/Girls HJ – All jumpers report

Boys Discus – Young Men, Intermediate, Youth, Sub-Youth, Midget, Sub-Midget, Bantam, Sub-Bantam, Primary

Girls Shot – Primary-Bantam, Midget-Sub Midget, Youth-Sub Youth, Intermediate, Young Men/Young Women

Girls Discus – Young Men, Intermediate, Youth, Sub-Youth, Midget, Sub-Midget, Bantam, Sub-Bantam, Primary

Boys Shot – Primary-Bantam, Midget-Sub Midget, Youth-Sub Youth, Intermediate, Young Men/Young Women

**Competitors should bring their own implements to be used at Meet.*

Running Events 9:45a.m.

3000m

80/100/110 hurdles

100m (8 fastest to finals)

1500m

100m Finals

4x100m

400

4x100 Coaches/Parents

50m Fun Run (1-5yrs)

800m.

200m.

Sprint Medley 400, 200, 200, 400

Primary (2002-05)

100m, 200m, 400m, 800m, 4x100, long jump and shot put

Sub-Bantam (2001)

100m – 1500m, long jump, high jump, shot put, 4x100m, 4x400m

Bantam (2000)

100m – 1500m, long jump, high jump, shot put, 4x100m, 4x400m

Sub-Midget (1999)

100m – 3000m, 80m. hurdles, 4x100, 4x400, long jump, high jump shot, discus

Midget (1998)

100m – 3000m, 80m. hurdles, 4x100, 4x400, long jump, high jump shot, discus

Sub-Youth (1997)

100m – 3000m, 100m. hurdles, 4x100, 4x400, long jump, high jump shot, discus, triple jump

Youth (1996)

100m – 3000m, 100m. hurdles, 4x100, 4x400, long jump, high jump shot, discus,

Intermediate (1994-1995)

100m – 3000m, 100/110 hurdles, 4x100, 4x400, long jump, high jump shot, discus,

Young Men/Young Women (1991-1993)

100m – 3000m, 100/110 hurdles, 4x100, 4x400, long jump, high jump shot, discus,

- All athletes are to report by the second call. If the athlete has not reported to the clerking area by the start of the first heat, the athlete will not be permitted to participate in that race.
- **ALL COACHES AND SPECTATORS ARE PROHIBITED FROM THE INFIELD AND THE TRACK ONCE THE TRACK EVENTS BEGIN. IF A TRACK COACH OR SPECTATOR REFUSES TO REMOVE HIM/HERSELF FROM UNAUTHORIZED AREAS IT WILL RESULT IN THE DISQUALIFICATION OF YOUR ATHLETE(S) IN THE PARTICULAR EVENT.**
- Good sportsmanship is expected of all coaches and athletes during the event.
- Relay team members must be members of the team they represent and must wear uniforms of the same color.
- Throwing the baton following the finish of any relay will cause the relay team to be automatically disqualified from the event.

Awards: Medals will be given for 1st – 3rd place. Ribbons for 4th – 6th

