



2010 AAU Springfield National Qualifier
Multi-Event Schedule
Wittenberg University – Springfield, OH



All Running events will start at the designated time listed each day. After the initial event your event may start as much as 30 minutes before the time listed. Listen to announcements and check-in to the designated check-in area for your event at least 30 minutes early. Any athlete that does not check-in before their schedule heat is run will be scratched from the event.

Friday Morning – July 9th

- 10:00 AM 2000 Meter Steeplechase - IG / YW Combined followed by IB / YM Combined
12:00 PM Pole Vault- SYG-YW Combined. Followed by SYB-YM Combined Age groups.
1:00 PM 1500 Meter Racewalk – All Age Groups Combined - Sub-Bantam - Midget
1:20 PM 3000 Meter Racewalk – All Age Groups Combined - Sub-Youth – Young M/W
2:00 PM 3000 Meter Run – Starting with SMG – Age Groups will be combined by gender
2:00 PM Triple Jump- All Girls age groups followed by the all boy's age groups.

Saturday – July 10th

- 8:00 AM 800 Meter Run- Starting with Primary Girls
9:45 AM 110 / 100 / 80 Meter Hurdles – TIMED FINALS - In the following order:
110 – IB / YM 100 – SYB / YB / IG / YW/ SYG/ YG 80 – SMG / SMB / MG / MB
10:45 AM 100 Meter Dash Prelims – Starting with PG –Top 8 times advance to Finals
12:15 PM 400 Meter Dash – Starting with PG – TIMED FINALS
2:15 PM 200 / 400 Meter Hurdles – TIMED FINALS - In the following order:
200H – SYG/ SYB/ YG/ YB 400H – IG/YW/IB/YM
3:00 PM 200 Meter Dash Prelims – Starting with PG – Top 8 times advance to Finals

Sunday – July 11th

- 8:00 AM 4 x 800 Meter Relay – Starting with MG – Age Groups will be combined by gender
9:00 AM 100 Meter Dash Finals – Starting with PG
9:30 AM 1500 Meter Run – Starting with SBG – Age Groups may be combined by gender
11:00 AM 4 x 100 Meter Relay – Starting with PG
12:30 PM 200 Meter Dash Finals - Starting with PG
1:00 PM 4 x 400 Meter Relay – Starting with BG



2010 AAU Springfield National Qualifier Field Events Schedule Wittenberg University



All Field Events will follow the time schedule below. Each Age Group may start up to 30 minutes early before the schedule start time. Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the Field Event official – ONLY - at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and be ready to compete.

Long Jump, Shot Put, Discus and Javelin will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with three additional jumps or throws.

Saturday	July 10th						
Time	LJ 1	LJ 2	HJ 1		SP 1	SP 2	Discus
8:00	SYB	SYG	IG/YW		SYG	YG	IG/YW
9:00					SYB	YB	
9:30	YB	YG	IB/YM				IB/YM
10:00					IB	YM	
11:00	IB	IG	SYG/YG		IG	YW	SYB/YB
12:00							
12:30	YM	YW	SYB/YB				SYG/YG
1:00					PG	PB	
1:30	PB	PG					SMG/MG
2:00							
2:30							SMB/MB
3:00							
Sunday	July 11th						
Time	LJ 1	LJ 2	HJ 1	SP 1	SP 2	Javelin	
8:00	MB	MG	SBB/BB	SBB	BB	SYB/YB	
9:00			SBG/BG	SBG	BG	SYG/YG	
9:30	SMB	SMG					
10:00			SMG/MG	SMG	MG	IG/YW	
11:00	BB	BG	SMB/MB	SMB	MB	IB/YM	
12:00	SBB	SBG					
1:00							